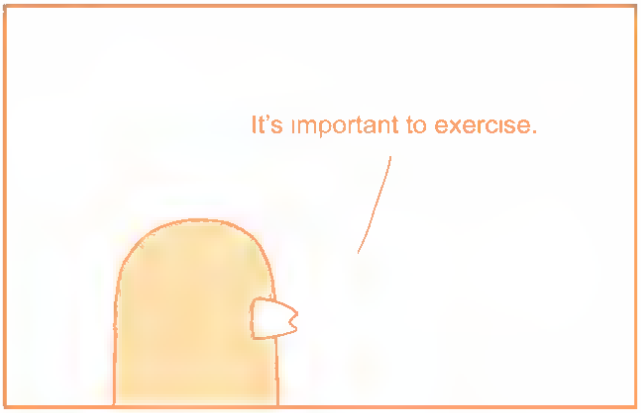
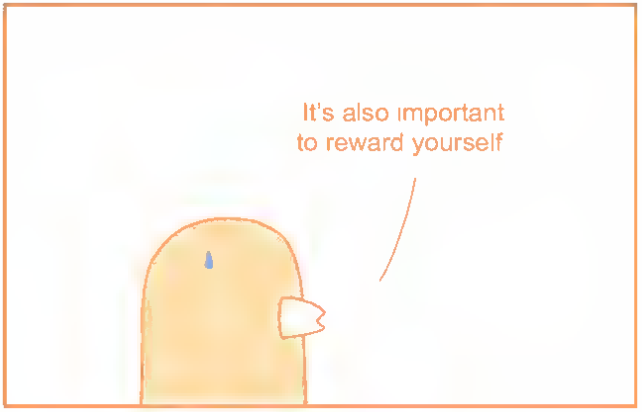
TRASH


It's important to exercise.

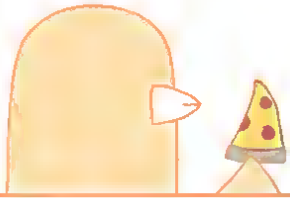
Squats! Go!

One!

Phew.


It's also important
to reward yourself

Pizza slices! Go!



Several moments later.

Fourteen!